

التوجيه الفني العام للغة الانجليزية

امتحان الصف العاشر- المنهج الكامل ٢٠١٥/٢٠١٦

المجال الدراسي: اللغة الأجنبية الأولى (الإنجليزية) الزمن: ثلاث ساعات

مكونات الامتحان: (الفردات - القواعد - الوظائف اللغوية - أسئلة الكتاب المقرر- الكتابة- الاستيعاب المقروء والتلخيص- الترجمة)

(Total 300 Marks)

I-Vocabulary ( 50 Marks)

**A. From a, b, c and d, choose the most suitable word that best completes each of the following sentences: ( 6 X 5 = 30 marks )**

1. Elderly people suffer from ..... It's a common disease among them.  
a. landmark                      b. congestion                      c. stamina                      d. **arthritis**
2. I couldn't .....in the race because I had a twisted ankle.  
a. deserve                      b. **compete**                      c. remind                      d. inherit
3. Being a firefighter is a very .....job that needs hard training.  
a. obedient                      b. extinct                      c. **hazardous**                      d. impromptu
4. The project was fine and everything went as planned despite the .....we faced.  
a. **obstacles**                      b. economics                      c. brands                      d. megawatts
5. Dad had a sick leave trying to ..... from a serious disease.  
a. recharge                      b. barter                      c. resemble                      d. **recuperate**
6. There's been .....changes in the weather since the beginning of January.  
a. complimentary                      b. **sudden**                      c. rusty                      d. confident

**B. Fill in the spaces with the suitable words from the list below:( 5 X 4 = 20 marks)**

( equestrian / incredibly / cabin / legible / upgrade / appliances )

7. There isn't enough space in the kitchen for the new **appliances**.
8. We should make our handwriting **legible** to avoid any misunderstanding.
9. Last night's overwork made me **incredibly** tired, so I couldn't wake up early.
10. When we travelled to the USA, we were seated in the first class **cabin**.
11. I need to **upgrade** my personal computer to avoid frequent problems.

الصفحة الثانية

اللغة الأجنبية الأولى (الانجليزية)-الصف العاشر-المنهج الكامل ٢٠١٥-٢٠١٦  
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**II-Grammar ( 35 Marks)**

**A. From a, b,c and d, choose the correct word that best completes each of the following sentences. ( 5 X 5= 25 marks)**

12. If I .....by my manager, I would express my opinion honestly.  
a. asked                      b. **were asked**                      c. had asked                      d. was asking
13. I have a stomach ache. I wish I .....so much food at the party last night.  
a. **hadn't eaten**                      b. was eaten                      c. haven't eaten                      d. ate
14. The waiter asked me .....sugar I wanted for a cup of tea.  
a. how high                      b. how long                      c. **how much**                      d. how many
15. I had no keys when I decided to leave, so I .....lock the door.  
a. don't have to                      b. **wasn't able to**                      c. can                      d. could
16. In the end, we chose the restaurant .....we had our dinner.  
a. which                      b. whose                      c. who                      d. **where**

**B. Read the following sentences carefully and correct the underlined mistakes. There are two mistakes in each sentence: (4X2½=10 marks)**

17. I listen to the news in English for I was a child.  
**have been listening / have listened                      since**
18. I find it difficult to drives a car smooth when I travel to London.  
**drive                      smoothly**



**III-Language Functions ( 40 Marks)**

**Write what you would say in the following situations: (5X8=40 marks)**

19. You have received a gift for your success in a school competition.  
**Talking about feelings.**
20. A friend of yours thinks that e-books are useful nowadays.  
**Expressing opinion / Stating advantages**
21. Your younger brother crossed the road without looking right and left.  
**Giving advice / Warning**

الصفحة الثالثة

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22. Your cousin asks you about your plans for the next weekend.

**Planning for the future**

23. You were trying hard to push your car, so you asked someone to help you.

**Requesting politely**

(Any reasonable answer is accepted).

**IV- Set Book Questions ( 25 marks )**

**A. In good meaningful sentences, answer ONLY THREE of the following questions:  
(3X6=18marks)**

24. In what way has air travel changed the way people live?

**Air travel has become more comfortable so people feel more relaxed to travel by air . Air travel has become faster so people find it easy to go anywhere in a short time.**

25. Why is it important to develop new sources of energy?

**Oil is finite and will run one day. / We need clean and renewable sources of energy that don't harm the environment, emit less pollution and cost less money.**

26. Some people are against modern technology. Give reasons.

**People become lazy. / It might lead to health problems. / It affects relationships among people.**

27. There are different ways of sending messages now and in the past. Mention one for each.

**In the past, people used pigeons, fire, smoke, men on horses, etc.**

**Nowadays, people use mobiles, the e-mail, the Internet, etc.**



الصفحة الرابعة

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**B. Literature Time**

**In good meaningful sentences, answer ONLY ONE of the following questions:**

**(1X7=7 marks)**

28. In your opinion, how can we solve the problem of boredom and stress?

**We need to have a rest. / We need to change the routine of our life. / We can go on a river trip. / We can do some exercises. / We can take up a hobby and socialise with others.**

29. People shouldn't push themselves to extreme limits. Why?

**They may lose their lives.**

**(Any reasonable answer is accepted).**

**V-Writing ( 60 Marks)**

**Write on the following topic:**

Some species of animals are becoming rare and in danger because most people no longer care about animal welfare or even the extinction of animals.

Plan and write **a report (about 12 sentences-140 words)** about the importance of animals and how to protect some species from extinction **making use of the following ideas.**

- The threats which make animals in danger
- Why animals are important nowadays
- Suggest some solutions which help save endangered animals



**The Outline (7 marks)**

<b>Rubrics for checking composition</b>	
1- Exposition of ideas, paragraphing and number of sentences.	42
2- Prewriting techniques (outlining).	7
3- Spelling and structure.	6
4- Spacing and punctuation.	5
3 marks to be deducted from the total mark for changing the format.	
N.B.: Off point topics receive zero.	

## الصفحة الخامسة

اللغة الأجنبية الأولى (الانجليزية) - الصف العاشر - المنهج الكامل ٢٠١٥-٢٠١٦  
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### VI- Reading Comprehension And Summary Making (70 Marks)

Read the following passage carefully, then answer the questions below:

When we talk about living a healthy life, there is a famous old saying, *You are what you eat*. In fact, it is not just what people eat, but their whole lifestyle which is important. The best way to stay healthy is to live a balanced lifestyle. Are you living a balanced lifestyle both physically and mentally?

The human body needs physical exercise at least once a day. In today's world, many working people spend most of their day sitting at a desk. To add more exercise to your daily life, try to stop what you are doing about once an hour and stretch or take a short walk. After work, take a **brisk** walk or go to the gym. Your body will thank you for it.

For good health, nutritionists say we should eat at least four servings of raw food a day. By eating many colourful fruits and vegetables, you can be sure you are getting the correct nutrients. Have a red apple with your breakfast, a green salad at lunch, some carrots for your afternoon snack, and grapes for dessert instead of cake or cookies. Of course, for a healthy balance, your body also needs other foods.

Mentally balanced people are usually emotionally balanced. They are generally happy with the things they have. They do not need to have more and more things. A mentally balanced person also feels good about who they are. They don't worry about the past, and generally have good relationships with the people around them. That doesn't mean that mentally healthy people never have **negative** feelings, but they don't let these types of feelings control them or their behaviour. It's normal for people to feel their emotions because life always has its challenges and tragedies. But mentally healthy people face those challenges and resolve **them** quickly instead of allowing them to take control of their lives.

By taking a little time each day to eat well, exercise, and clear your mind, anyone can live a more balanced and healthier lifestyle.

**A) From a, b, c and d, choose the correct answer: ( 6X6=36 )**

30. The best title for the passage could be .....
- a- Mental Balance
  - b- Physical Balance
  - c- Physical Fitness Activities
  - d- **Living a Balanced Lifestyle**
31. The underlined word "**brisk**" in paragraph 2 is closest in meaning to .....
- a- **quick**
  - b- healthy
  - c- balanced
  - d- necessary
32. The underlined word "**them**" in paragraph 4 refers to .....
- a- people
  - b- emotions
  - c- **challenges**
  - d- tragedies
33. Which statement **best explains** the saying 'You are what you eat' in paragraph 1?
- a- Healthy food sometimes makes you feel unwell.
  - b- **Healthy food makes you healthy, and unhealthy food makes you unhealthy.**
  - c- Doing exercise is the best way to a balanced lifestyle.
  - d- Food is not the most important thing in a healthy lifestyle.
34. According to the passage, the following statements are **TRUE** about eating raw foods **EXCEPT** : .....
- a- They can be fruits or vegetables.
  - b- They can be eaten for dessert instead of other foods.
  - c- People should eat them four times a day.
  - d- **People should eat only raw foods to stay healthy.**



الصفحة السابعة

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35. The underlined word "**negative**" in paragraph 4 is the **OPPOSITE** of .....
- a- good
  - b- bad
  - c- false
  - d- unpleasant

**B) Answer the following questions: (3 x 6=18 Marks)**

36. How often do people need to exercise to be physically fit?

**They need to exercise at least once a day.**

37. Which foods are mentioned as unhealthy types of foods?

**Cakes and cookies are mentioned as unhealthy types of foods.**

38. What ways does the writer recommend to be physically well?

**Stretching, taking a walk, going to a gym.**



**Any reasonable answer related to the text is accepted**

**C) Summary Making ( 16 marks )**

**In FOUR sentences of your own, summarize paragraph " 4 " in an answer to the following question.**

**How are mentally or emotionally balanced people described?**

**The summary should include the underlined points:**

**1They are generally happy with the things they have. 2They feel good about who they are. 3They don't worry about the past. 4They have good relationships with people. 5They don't let negative feelings control them or their behavior. 6They face the challenges and tragedies of life and resolve them quickly instead of allowing them to take control of their lives.**

الصفحة الثامنة

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**IV- Translation ( 20 Marks )**

**A) With reference to paragraph (1), translate the following into good Arabic:**

**(12 marks)**

When we talk about living a healthy life, there is a famous old saying, *You are what you eat*. In fact, it is not just what people eat, but their whole lifestyle which is important. The best way to stay healthy is to live a balanced lifestyle.

عندما نتحدث عن عيش حياة صحية، هناك قول مأثور (مثل) قديم ومشهور وهو أنت ما تأكله. في الواقع، ليس فقط ما يأكله الناس، ولكن نمط حياتهم كله هو الأمر المهم. فأفضل طريقة للبقاء في صحة جيدة هو أن نعيش حياة متوازنة.

**B) Translate the following into good English: (8 marks)**

راشد: في غضون بضع سنوات، سوف تكون هناك تغييرات كبيرة في الطب.  
سعد: أنت على حق. سوف يطور الباحثون الروبوتات الصغيرة التي يمكن أن نبتلعها لإصلاح أجهزة الجسم.

**Rashid: Within a few years, there will be big changes in medicine.**

**Saad: You're right. Researchers will develop micro-robots which we can swallow to repair body organs.**



نهاية الامتحان

مع تمنياتنا لكم بالنجاح